



**BE A ROLE MODEL. BE A DIFFERENCE-MAKER.
BE A COACH.**

RECREATION SOCCER



POSITIVE IS POWERFUL

Share your enthusiasm for learning, soccer, and team sports with kids in the community.

Teach the [E.L.M. Mastery Approach: Effort, Learning, and Mistakes.](#)

Each season our coaches get trained by our partners at the Positive Coaching Alliance, who will show you how E.L.M. works and why it's important to every player's experience.

If you want to learn more about E.L.M., click the words "E.L.M. Mastery" to view resources on the Positive Coaching Alliance website.



POSITIVE WORDS MATTER

Kids respond better to positive words, encouragement, and constructive criticism (and adults do too).

Learn how to coach kids to get better while delivering effective, helpful feedback. It's called "[Filling An Emotional Tank](#)" and it's a skill that volunteer coaches learn during the training session with the Positive Coaching Alliance.

If you want to learn more about how to fill an emotional tank and why it is so important in youth sports, click "[Fill Emotional Tanks](#)" to visit the Positive Coaching Alliance resource page.



POSITIVE ACTIONS MATTER

[Honoring the game](#) means engaging others with respect and practicing good sportsmanship. Teaching kids how to behave with respect and sportsmanship is one of the most valuable and enduring lessons in sports.

During training with the Positive Coaching Alliance, volunteer coaches at San Ramon FC learn about [ROOTS](#), which stands for Rules, Opponents, Officials, Teammates, Self. Players need to honor the game by showing respect to all of them.

To learn more, click the words "[Honoring the Game](#)" to visit the Positive Coaching Alliance web page on the topic.



All coaches in the SRFC Recreational Program are volunteers who undergo extensive background checks as well as player safety training. In addition, SRFC provides on-field coaching education for all volunteer coaches. The club supports the efforts of each coach and provides registration reimbursements for their time and dedication.

[VIEW COACHING RESOURCES](#)

